



Sacred Heart Parish Bulletin

Mass: 9:00 am – Sunday
Fr. John Yake, I. V. Dei
(902) 535-2053

April 05, 2026

Easter Sunday of the Resurrection of the Lord

The **First Reading** is from *Acts 10:34; 37-43*. These verses are part of the story of the conversion of Cornelius, a Roman army officer. Stationed in Caesarea, Cornelius believed the God of the Jews was the true God, but though a good-living man, he had not become a Jew. Advised by a divine messenger, he sent to Joppa for St. Peter, whose antipathy to pagans had been corrected by a vision seen that same day. Peter came to Caesarea and, contrary to his life-long custom, entered the pagan home of Cornelius, who explained to him why he had been asked to come.

This passage from Acts has been selected for Easter Sunday not only because the resurrection is mentioned in it, but especially St. Peter in his first discourse to a Gentile makes the resurrection the basic doctrine and the crowning proof of the truth of the Christian faith. As St. Paul says: “If Christ has not risen vain is our preaching, vain too is your faith” (1 Cor 15:14). And like Paul, St. Peter stresses the truth of the resurrection by citing witnesses, including himself, who had not only seen the risen Jesus but had spoken to him and actually eaten with him.

The **Second Reading** is from the letter of St. Paul to the *Colossians 3:1-4*. The method of administering Baptism in the apostolic days was by immersion. Those who heard the story of the Gospel and were ready to believe in the one true God, the Father, the Son and the Holy Spirit who had cooperated in man’s redemption and elevation to divine sonship, were immersed in water to be cleansed from their sins and their previous worldliness. Immersion in water symbolized being buried in the tomb with Christ. By immersion, therefore, the new Christian died with Christ to all earthly attachments and desires. He was raised again from the water (the tomb) to be with the Risen Christ.

We are always looking forward to a happier day which is to come some time. All this is very natural and very human, because our present life is not our permanent life; our present home, this earth, is not the real home destined for us by our loving Creator.

We were created for unending happiness in heaven, and it is only when we get there that our desire and our quest for some great happiness will end. From then on, we will always enjoy and possess that all-satisfying happiness.

Today, Easter Sunday, St. Paul reminds us that we have this happiness within our grasp. We are moving steadily and more quickly than we realize toward it. The Holy Trinity, God the Father, the Son and the Holy Spirit, have already done, and are daily continuing to do for us, all within their power. All that is needed is that we do the little that is asked of us.

The **Gospel** for Easter, Year A, is from *John 20:1-9*. The accounts of the resurrection of Christ differ in many details in the different writings of the New Testament, but the fact of the resurrection stressed in all of them, was the basis of the new Christian Faith. Had it not happened, Christianity would have been stillborn. It would have disappeared from Jerusalem and the world on that first Easter Sunday. Peter and his companions would have returned to their fishing-nets and boats on Lake Genesareth, and Christ the good and the kind man who had helped so many, would have been forgotten in half a generation.

But Christ was no mere man of kindly acts and words of wisdom. He was the Messiah promised for centuries. He was the suffering servant foretold by Isaiah, whose perfect obedience to his Father had led him to the Cross and the grave. But above all, he was the Son of God who had emptied himself (St. Paul) of his divine glory in order to be the perfect human servant of the Father, and who was now raised by the Father, with his divine glory restored, and his glorified resurrected body sharing in that glory. This was the kind of divine plan of God for mankind: through Christ, and because of Christ’s (the new Adam’s) perfect obedience, all mankind would be made worthy of divine sonship, and worthy of one day rising like Christ from the grave in glorified bodies.

Today, let us thank God once more for Easter and for all it means for us.

—Excerpted from *The Sunday Readings*, Cycle A, by Fr. Kevin O’Sullivan, O.F.M.

Collection

March 29, 2026

Envelopes	\$325.00
Loose	\$20.00
Good Friday	\$10.00
Graveyard	\$200.00
	\$555.00

Notices:

1: Thank You – Thank you to all who helped make the Fishcake Supper a success. To all who donated, who came and peeled potatoes and made, and cooked, the fishcakes and to all who came to out to enjoy the meal. We were able to change course, to suit the pending weather, and all turned out ok. Also thank you to all who chopped and sanded around the door, it made getting into the hall much safer. We realized a profit of over \$800.00

2: Nursing Foot Care Clinic: Heidi Davis BScN, RN License #33671 – Note change of date from last week.

Thursday April 16th Red Islands Fire Hall

By appointment only, from 9:00 am to 5:00pm, please call Heidi at 902-202-2346. 1-hour appointments \$55 (receipts provided, direct billing for Veterans)

Lower limb assessments, toenail trim and file, skin assessment, management of ingrown nails, management of fungal nails, corn and callus care, diabetic assessment, foot care education and referral as needed. Also available in-home appointments \$65.00/hour

3: Gentle Yoga 55+ For seniors who are looking for a safe, effective way to enhance their physical health and overall wellness, the stretching, breathing, and meditation practices of yoga can be a great solution. In fact, as you will see, doing yoga regularly can result in a host of benefits for older adults, from greater flexibility and improved balance to lower stress and better sleep. Instructor: Lynne Doucette Red Islands Wednesdays, for 8 weeks, beginning April 8 12:00 pm - 1:15 pm, Fee: \$30.

4: Chair Yoga 55+ Chair yoga is a great way for older adults to get the wonderful health benefits of yoga. It also makes yoga accessible to more people. Staying seated while doing yoga means that even frail seniors or those who aren't flexible can safely do the exercises. The benefits of chair yoga for older adults include loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, builds strength and balance. Instructor: Lynne Doucette Red Islands Fire Hall, Red Islands Wednesdays, for 8 weeks, beginning April 8 1:30 pm - 2:45 pm, Fee: \$30

5: Celebration of Tartan Day - Monday, April 6, 2026. United Church Hall, St. Peter's 2:30 - 4:30.

Come and join us for tea and some Scottish Country Dancing, some Highland Dancing, some Piping, and more! Everyone welcome! Sponsored by the Richmond MacAcadian Dancers.

6: Johnstown Landing Outdoor Farmer's Market: Another summer on the way. Looking forward to Sundays at the Johnstown Landing Artisan & Farmers Market. The markets run from June 28 - September 6, 2026. Every Sunday 10 am - 1 pm. We welcome new vendors. Send us a message or call 902-631-0209.

7: Schedule of Events that will take place at the Johnstown Parish Hall this summer: More information will be provided as the event get closer

Sunday July 12th, Our Lady of Guadalupe Outdoor Mass – 2:00 pm -Please bring your own chair

Sunday July 12th – Strawberry Festival – 2:00 pm – 5:00 pm

Saturday July 26th – Cold Plate Supper

Sunday August 9th – Cemetery Mass – 9:00 am

Sunday August 9th – Pancake Breakfast – 9:45 am

Friday August 21st – 94th Annual Milling Frolic and Square Dance