



## Sacred Heart Parish Bulletin

**Mass: 9:00 am – Sunday**  
**Fr. John Yake, I. V. Dei**  
**(902) 535-2053**

**June 07, 2026**

### **Solemnity of the Most Holy Body and Blood of Christ**

The **First Reading** is from *Deuteronomy 8:2-3; 14-16*. The Chosen People's journey from Egypt to Palestine, led through the vast desert of Sinai, an expanse of wilderness without food or water. God provided for them a special food which fell around their encampments every evening—a food that has ever since been called "manna," expressing the wonderment of the Israelites when they first saw it. This food, as well as water which burst forth from the rocks at the command of Moses, nourished and sustained them during their forty years' journeying in the desert until they eventually reached the Promised Land.

The text chosen gives the basis for its eventual revelation. The LORD made a covenant with the Israelites. He made them his Chosen People, through whom he would eventually send his divine Son and the Holy Spirit to give man—the whole chosen human race—the possibility and the means of reaching the destination that he had planned for them from all eternity. The covenant made by God with Moses on Mount Sinai was the preparation for the revelation of the dogma of the Blessed Trinity and its relationship with our salvation.

That this "manna," this miraculous food from the skies, was a symbol, a foreshadowing, of the more miraculous food from heaven which our divine Lord was to give to us to sustain and nourish us spiritually on our journey toward our eternal

promised land, hardly needs emphasizing. Our Lord himself refers to the "manna" given by God to their ancestors in the desert but says that he will them *the true bread* from heaven (Jn 6:31ff).

The **Second Reading** is from *1 Cor 10:16-17*. St. Paul has much to say about the Blessed Eucharist in this first Epistle to the Corinthians. In these two verses he shares how Christian take part in the real sacrifice of the body and blood of Christ and are therefore in communion with God. The feast of Corpus Christi or the Body of Christ is a commemoration or calling to mind of that extraordinary act of love for us which our Divine Lord performed on the night before he died. Through his divine power he left to his Church, to his followers, the power to re-present again and again the sacrifice of his human nature which he was about to offer to the Father next day on the cross for the salvation and elevation of mankind. both are the one God. God the Father sent God the Son into the world (in human nature) in order to bring eternal life within the reach of all men.

The **Gospel** from *John 6:51-58*: from Jesus' discourse on the Bread of Life. This section refers directly to the fact that Christ's human body—his "flesh" and "blood"—would be the sacrificial victim that would win eternal life for men and at the same time as a sacrament it would be their heavenly food and drink. Not only the incredulous Jews, but even many of his disciples drew back and no longer went about with him. Jesus said to the twelve: Will you too go away? Simon Peter answered him, "Lord to whom shall we go? You have the words of eternal life."

## Collection

May 31, 2026

Envelopes	\$325.00
Loose	\$10.00
	\$335.00

## Notices:

**1: Johnstown Landing Outdoor Farmer's Market:** Another summer on the way. Looking forward to Sundays at the Johnstown Landing Artisan & Farmers Market. The markets run from June 28 - September 6, 2026. Every Sunday 10 am - 1 pm. We welcome new vendors. Send us a message or call 902-631-0209.

**2: Food Vendor: Johnstown Landing Outdoor Farmer's Market** We have space for and welcome new vendors. Our soup guy is retiring this year (sigh, it was always so delicious). We would love to hear of someone interested in doing soup or take out lunches for the market. We are spoiled and no one wants to go home and cook after enjoying the morning at the market. Contact 902-631-0209

**3: September Pilgrimage 2026:** Join Fr. Andrew Gillies & Group Leader, Rhonda-Lynn Cormier for one of these options, both departing Sept. 15, 2026.

**Choose Your Journey:** — *Option #1: Medjugorje* only, Sept. 15-23, 2026, Climb Apparition Hill and Cross Mountain, tour UNESCO city, Mostar's Basilica. *Estimated Cost:* \$3,299.(Halifax-return.) Single supplement: \$350. — OR —

— *Option #1 & #2:* Full European Pilgrimage, Sept. 15-30, 2026 -15th: Medjugorje -21st: Fly to Lisbon, visit the Eucharistic Miracle Sanctuary in Santarem, **Fatima** (candlelight procession) -24th: **Avila**, Spain, shrines & relics of St. Teresa of Jesus & St. John of the Cross. -25th: **Lourdes**, joining **Pope Leo** for his Papal Visit to France at Grotto of Massabielle, the baths & places associated with St. Bernadette. -28th: Fly to **Rome:** Private Mass at Vatican & Papal Audience. *Estimated Cost:* \$6,999.00 (Based on a 10-person minimum; Halifax-return). Single supplement: \$1,075.

*Included:* Local guides at each location. All flights listed in the itinerary (including Split-Lisbon and Toulouse-Rome for Opt. 2), accommodations, 2 meals daily. Departures from other airports can be arranged. **Contact: 902-448-3660**

**4: COMFORT TEA ... Come For Tea – June 16 th , 2026:** We all experience many types of losses throughout our lives. To promote awareness of the impact of grief, you are invited to join us for a beverage and sweets. You may bring a friend, photo, memento, or memory to share or just be with others who understand. 1:30 pm – 3:30 pm on Tuesday, June 16 th , 2026 at the D'Escousse Civic Improvement Society Hall, 3276 Highway 320, D'Escousse, N.S. Hosted by the Strait Richmond Palliative Care Society. All are welcome.

**5: "Join The Alara Vocal Ensemble** on Saturday, June 20th at 7pm at The Savoy Theatre for "Hello Sunshine: A Celebration in Song!"

You'll hear an uplifting mix of pop, folk, and singer-songwriter favourites, and we've also got some special guest artists including Robyn Cathcart, Breagh Kelly & Paul Gatchell!

To reserve your tickets, call 902-549-0329."

**6: Schedule of Events** that will take place at the Johnstown Parish Hall this summer: More information will be provided as the event get closer

Sunday July 12<sup>th</sup>, Our Lady of Guadalupe Outdoor Mass – 2:00 pm -Please bring your own chair

Sunday July 12<sup>th</sup> – Strawberry Festival – 2:00 pm – 5:00 pm

Saturday July 25<sup>th</sup> – Cold Plate Supper

Sunday August 9<sup>th</sup> – Cemetery Mass – 9:00 am

Sunday August 9<sup>th</sup> – Pancake Breakfast – 9:45 am

Friday August 21<sup>st</sup> – 94<sup>th</sup> Annual Milling Frolic and Square Dance